

2008 NANBF Mid-America Pro Amateur Bodybuilding & Figure Championships

DATE: Saturday, August 2nd, 2008

LOCATION: The Victory Theatre, Main Street, Evansville, IN 47708. Our venue recently underwent a \$20 million renovation. It seats 2,000 people.

SANCTIONING: The North American Natural Bodybuilding Federation (NANBF, www.NANBF.org) is the sanctioning body. This show is a WNBF Pro Qualifier being held in conjunction with the WNBF Mid-America Championships.

PROMOTERS: Sean McCauley and Dr. Joe Klemczewski. e-mail: sean@thedietdoc.com phone: 812-868-8710. For more information, please visit www.thedietdoc.com

TICKETS: Tickets are available via your local TicketMaster outlet. Tickets are also available the day of the show. www.ticketmaster.com or phone your local Ticketmaster outlet.

AWARDS: Awards will be given to ALL competitors. The top 5 in each class will receive Neils Anderson sculpture trophies. Overall winners will be given beautiful crystal trophies along with other awesome prizes.

HEIGHT CLASSES: Height will apply in novice and open categories. Contest promoters reserve the right to adjust classes.

BODYBUILDER'S POSING ATTIRE: Pre-Judging: Posing suits must be worn and be of solid color, opaque, devoid of embroidery, stripes or other embellishments. Accessories are not permitted including jewelry. At Finals, accessories & props attached to body may be used.

XTREME FIT POSING ATTIRE: Individual routine outfits may consist of any aerobic type wear as long as it is in good taste. Props may also be used. For the comparison round, all competitors may wear the same outfits, however, the top must be sleeveless and no footwear is allowed. No thongs may be worn in either round.

FIGURE POSING ATTIRE: Two piece suit and heels. No thongs may be worn. Music will be provided by promoter. There is no longer a one-piece round in the NANBF.

POSING MUSIC: Competitors will pose to music of their choice at the final show. If you are entered in more than one class, you will pose only once. Music will be limited to 60 seconds. XTREME FIT competitors will have 120 seconds to perform their individual routine. Music must be cued to start and recording must be of good quality. CASSETTES and CD's are accepted. Two copies must be provided. No profanity will be allowed. At the promoters discretion, music containing profanity will be immediately turned off.

ENTRY: Entry Fee is \$45. Crossover Fee is \$30. Polygraph Fee is \$40 (cash paid directly to Event Polygrapher by competitors at time of polygraph). Entries must be postmarked no later than JULY 12, 2008. All entries postmarked after July 12th will be required to pay a late fee of \$50, NO EXCEPTIONS. Entries are nonrefundable and NO entries will be accepted after July 15th, 2008. (You will receive additional information by mail after we receive your entry.)

TRAVEL: Evansville Regional Airport (airport code: EVV). A shuttle will take all competitors from the airport to the hotel.

ELIGIBILITY: The competition is open to all physique athletes who have NOT at any time during the 84 months prior to the day preceding this event, engaged in the personal use of anabolic steroids, or any other growth enhancing drugs, diuretics, prohormones. (Andros) and related supplements are banned. FOR A COMPLETE LISTING OF BANNED SUBSTANCES PLEASE VISIT: www.nanbf.org. All contestants must present NANBF card at drug testing. NANBF Cards are \$50 and can be purchased at the check-in. (Additional information about drug testing will be mailed to you after we receive your entry.) All competitors MUST be of amateur status (must NOT have received any cash prize from any bodybuilding, figure or fitness organization).

TESTING & CHECK-IN: Polygraph is by appointment. Check-in and urine collection will be announced at a later date. Drug testing will be by urinalysis and polygraph. THIS IS A FULLY TESTED SHOW. IF YOU MISS THE DRUG TESTING YOU WILL NOT BE ALLOWED TO COMPETE. ALL DRUG TEST FAILURES RESULT IN A 7 YEAR BAN FROM THE NANBF/INBF/ WNBF. NANBF membership required. BE PREPARED TO POLYGRAPH UP TO 3 DAYS PRIOR TO THE CONTEST. NO EXCEPTIONS. Competitors may be asked to submit to a second polygraph the day of the show or after if needed.

HOST HOTEL: The Executive Inn (812)- 424-8000 Call hotel and mention "The Mid-America Pro-Am" for special rate. The venue is 1 block away from the host hotel. NO RENTAL CAR NECESSARY

ADDITIONAL INFORMATION WILL BE SENT TO ALL COMPETITORS 4- 5 WEEKS FROM THE SHOW. You will receive a VERY complete packet of information detailing everything you need to know.

(cut and mail below this line)

MAIL ALL ENTRIES TO:

The Diet Doc

8601 North Kentucky Ave. Suite G - Evansville, IN 47725

Name: _____ Age: _____ Sex: _____ Exact Height: _____ ft _____ inches (no shoes,)

Address: _____ City: _____ State: _____ Zip: _____

Phone: Day (_____) _____ Evening (_____) _____ E-Mail _____

Occupation: _____ Current N.A.N.B.F. Card Exp. Date _____ Last 4 Digits of your SS#: _____

YOUR FREE EVENT T-SHIRT! Please check one: Small Medium Large XL XXL

Additional EVENT T-SHIRTS are also available at \$20/item: TOTAL \$ _____

A fee of \$25.00 will be added for returned checks. You will be required to sign a release, as a standard procedure, at check-in. If you are under the age of 18, signature of parents or legal guardian is required.

PLEASE CHECK ALL DIVISIONS YOU ARE ENTERING

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| <input type="checkbox"/> BEGINNER FIGURE | <input type="checkbox"/> TEEN BODYBUILDING | <input type="checkbox"/> MENS NOVICE BODYBUILDING |
| <input type="checkbox"/> FIGURE NOVICE (No X-over to Beginner) | <input type="checkbox"/> XTREME FIT | <input type="checkbox"/> WOMENS NOVICE BODYBUILDING |
| <input type="checkbox"/> FIGURE OPEN | <input type="checkbox"/> COLLEGIATE | <input type="checkbox"/> MENS OPEN BODYBUILDING (NO X-over from Novice to Open) |
| <input type="checkbox"/> MASTERS (45-54) | <input type="checkbox"/> GRANDMASTER (55+) | <input type="checkbox"/> WOMENS OPEN BODYBUILDING (NO X-over from Novice to Open) |